



ADVANCED AESTHETICS
SKIN CARE STUDIO

Permanent Eyeliner

IF YOU HAVE PREVIOUS PMU EYELINER, AN IN-PERSON CONSULTATION IS REQUIRED.

You will not be a candidate for PMU eyeliner if:

- You have had previous allergic reactions to tattoo or permanent makeup pigments
- You have hepatitis C
- You have Lupus
- You are pregnant or breastfeeding
- Your skin heals super dark when you have a minor injury
- You get hypertrophic scarring from minor injuries
- You get keloids from minor injuries
- You have glaucoma
- You had an organ transplant
- You have a chronic or acute eye disease

A doctor's note is needed if:

- You have an artificial heart valve (antibiotics may be needed before treatment)
- You have an autoimmune condition where you are more likely to get infections
- You are generally required to take antibiotics before dental treatments
- You are on blood thinning medications. You will need permission to discontinue these meds before the procedure
- You bruise/bleed extremely easily
- You are undergoing chemotherapy or radiotherapy
- You have uncontrolled diabetes
- You have haemophilia
- You have HIV/AIDS
- You have high blood pressure that is not controlled by medication
- You have kidney or liver disease
- You have severe heart palpitations
- You have vitiligo that has not been stagnant for more than a year

You may receive PMU eyeliner but must discontinue:

- Accutane (an acne medication) for two years
- Alcohol & caffeine for 24 hours pre procedure
- Antabuse (drug used to break alcohol addiction) for 3 months
- Deep chemical peels for 6 months pre procedure
- Superficial chemical peels for one month pre procedure
- Receiving injectable fillers for 4 weeks pre procedure (lip blushing is recommended prior to fillers if possible)
- Retinol/ Retin A/Vitamin E/AHA products for 4 weeks pre procedure
- Tanning for one week pre procedure

You must wait to get PMU eyeliner if:

- You have epilepsy and have had a seizure in the last 3 years (if it has been 3 years or longer, you are advised to bring someone to your appointment with you)
- You are currently having an inflammatory outbreak on the area such as : acne, psoriasis, or dermatitis eczema
- You have atrophic scars in the area that are less than 6 months old
- You have had shingles in the last 6 months
- You have had electrolysis treatments within the last 4 weeks
- You got a lash lift or tint in the last week
- You have used a lash growth serum in the last 3 months
- You have received Botox near the eyes in the last two weeks
- You have eyelash extensions (they must be removed at least 3 days before your procedure)

We will proceed with caution if:

- You have sensitive skin and many allergies
- You have anaemia (you may bleed more easily, take longer to heal, or need an extra session)
- You take daily aspirins (you may bleed more easily, take longer to heal, or need an extra session)
- You have asthma (you may bleed more easily, take longer to heal, or need an extra session)
- You have hyperpigmentation (your skin is very sensitive and therefore may need an extra session)
- You have trichotillomania (if the severity of your hair pulling requires you to do so during healing times then you will be at risk for infection, hyperpigmentation, and poor healed results)

PMU eyeliner pre-treatment advice:

- Know that after your procedure you will have redness, mild swelling and or bruising
- Do not wear contacts or eye makeup to your appointment
- It is recommended you eat something before your appointment
- Eyeliner can oftentimes take more than one session to build the color. Your first touch up is free between 8-12 weeks
- You may need more than two sessions if: you have extremely sensitive skin, you have thin skin or skin of a darker tone, you have medical conditions that compromise your healing, you have scarring in the area, or you have previous eyeliner that does not align with my techniques
- Know that your eyeliner post procedure will seem dark (and even get darker in the next days following) but ultimately the color will heal very soft (40-60% lighter)

AFTERCARE:

The first 10 days expect:

- Mild pain
- Minor swelling (you may use an ice pack with a clean paper towel as well as actively blinking to bring blood flow to the area)
- Tenderness
- Asymmetry from swelling
- Itchiness
- Dry flaking skin
- Mild headache

Daily care for 10 days includes:

- Wash the skin around the eyes twice a day (morning and night) using a gentle cleanser such as baby shampoo, cetaphil, or cerave and pat dry

The first 10 days please avoid:

- Makeup on or near the eyes
- Exercise/ sweating
- Touching your eyes with dirty hands
- Spray tanning
- Sun beds, sun bathing, direct sunlight without hat
- Swimming pools, sauna, jacuzzi (hot steam, chlorine, etc)
- Beauty treatments near your eyes
- Contact lenses
- Direct shower spray

- Getting them wet unless cleaning
- Picking, rubbing, peeling (this will help prevent infection as well as poor healed results)

Keep in mind:

- The approximate healing time is 7-10 days (until all the scabs fall off) but may take longer
 - Stress, poor diet, immune system health, and failure to follow proper aftercare can all contribute to poor healing
 - Keep in mind there may be unevenness of color when healed and the free 6-12 week perfecting session will fine tune them
 - The free perfecting session must be done between 6-12 weeks and failure to schedule within that window will result in a fee
 - Free perfecting sessions are not provided with color boost appointments (usually needed anywhere from 9 months to 5 years later)
 - Everyone's skin retains pigment differently
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